

Virginia Peninsula Swim Union Championship Meet

Sunday, July 26, 2009

Meet Invitation

Location: Fort Eustis Aquatics Center, Ft. Eustis, Virginia

Facility: 8 lane, 25 meter indoor pool with non-turbulent lane markers. Daktronics Electronic Timing System with Scoreboard will be used.

Format: Split Session Format. **All 11-12 men and women and 13 and older men and women will swim in the morning session. All 10 and younger men and women will swim in the afternoon session.** Relays will be swum at the beginning of the afternoon session.

A.M. Session	Warm-Ups 7:00 – 8:20 AM	Meet starts 8:30 AM
P.M. Session	Warm-Ups 12:30 – 1:50 PM	Meet starts 2:00 PM

There will be four 20-minute warm-up periods in each session. Lane assignments will be based on the number of swimmers from each team in each session and will be determined after entries are processed. ***Warm up and session start times may be adjusted based on the number entries for each session.***

Events: The events and event numbers will be the same as in dual meets; however the order is different to accommodate the split session format. All events will be swum as timed finals. All individual events will be pre-seeded according to time. Heats will swim from slowest to fastest. Age 8 and younger swimmers will be required to report to the Clerk of Course when announced (approximately 10 minutes prior to swimming their events). A clerk of course will be in place throughout the meet. 9 and older swimmers that wish to report to the Clerk of Course may do so. ***It is the swimmer's responsibility to report to the blocks at the proper time for their event.*** Relay teams MUST be submitted with your entries. Relay swimmers must be designated no later than 11:00 AM the day of the meet.

Eligibility:

1. Swimmers must have achieved qualifying times in each event entered.
2. Legal entry times must have been achieved in regular competitive lanes, exhibition lanes or heats during VPSU sanctioned meets, or the VPSU Summer Award Meets during the 2009 season. Times from meets swum against GPISA teams are not valid qualifying times. Results of times achieved must have been submitted to the VPSU Rules Chairman no later than July 21, 2009 for those entry times to be considered valid.
3. Entry times will be based on times achieved in 25-meter pools. If a time is achieved in a 25-yard pool, it must be noted on the entry forms. Seeding for that swimmer will be determined by the VPSU Rules Committee.
4. Swimmers may enter no more than three (3) individual events plus one (1) relay event. All swimmers, including relay-only swimmers must be listed on the master entry sheet which must be submitted by July 20, 2009.

5. Each VPSU team may enter one relay team per relay event. Relay entry times may be from actual times achieved in competition or aggregate times based on the four swimmers realistically anticipated to swim the event in the Championship Meet. If no time is supplied for your relay team, they will be entered with a NT and seeded in the slowest heat. **In order to be entered in to the meet your relay team must be included in your meet entry file that is due by July 20, 2009.** Relay eligible swimmers **must** be included in your roster. Swimmers names for relays must be written on the relay card, and turned in to the head lane timer at the lane they are competing in. Swimmers names must be written on the card in the order in which the swimmers competed. If you have entered a relay team and need to scratch them the day of the meet, please give that information to the Meet Referee no later than 11:00 AM the day of the meet.

Awards:

Medals will be awarded at the meet to 1st through 6th places in each individual event. Ribbons for 7th through 12th places will be prepared at the meet and given to coaches at the end of the meet for later distribution to swimmers. Medals will be awarded at the meet to 1st through 3rd places in each relay event..

Plaques will be awarded to triple winners. Medals will be awarded to swimmers breaking Championship Meet records. Plaques will be awarded to one swimmer in each age group and gender who achieves the highest points at the Championship Meet. In case of ties, all tied swimmers shall receive the award.

Plaques will be awarded for overall high point team, and the 1st and 2nd high point team from each division.

Scoring:

Scoring for events to determine high point team awards shall be as follows:

Individual Events: 16-13-12-11-10-9-7-5-4-3-2-1

Relay Events: 32-26-24-22-20-18-14-10-8-6-4-2

Rules:

1. The VPSU Championship Meet will be conducted according to 2009 USA Swimming Rules and Regulations, and by VPSU Competitive Rules.

2. A swimmer's age on June 10, 2009, will be that swimmer's age for the Championship Meet.

3. A Swimmer (both as individual and relay-only) must have been a member of a VPSU team and competed, either in a competitive lane or as an exhibition swimmer, in at least one-half the regularly scheduled dual meets with other teams, (3 of the 6 scheduled). Regularly scheduled meets include the league scheduled "Friendship" meets, but not additional meets scheduled by each team whether with another VPSU team or with a team outside VPSU.

4. Swimmers must compete in their own age group except as follows:

a. Swimmers may "swim up" in relay events.

b. 6 and younger swimmers may swim in the 7-8 Breaststroke, 7-8 Butterfly, and 9-10 Individual Medley events, provided they have achieved the qualifying time for the event.

- c. 7-8 swimmers may swim in the 9-10 Individual Medley events, provided they have achieved the qualifying time for the event.

The 9-10 Individual Medley events are denoted as "10 & Younger". The 7-8 Breaststroke and Butterfly events are denoted "8 and Younger". Swimmers entering these events must meet qualifying times regardless of age.

5. Relay cards must be submitted by 11A.M. on the day of the meet. The cards must contain each swimmer's full name. All cards must be submitted to the Meet Referee.

Entries

And

Deadlines:

1. Teams must submit entries by 6:00 P.M., Monday, July 20, 2009.

No late entries or event changes will be accepted this year. NO EXCEPTIONS
All 2009 championship meet fees are due no later than July 23, 2009 to the VPSU Treasurer. Entries will not be finalized without payment. The cost to enter individual events is \$2.50 per event, and the cost for relays is \$8.00 per relay team.

Meet Fees may be mailed or delivered to:

**VPSU Treasurer
4521 Village Park Drive East
Williamsburg, VA 23185**

2. Entries must be submitted using Hy-Tek Team Manager. Teams may submit entries on a CD-RW or as an e-mail attachment, which is preferred. A Team Manager printout of entries must be included. **A summary sheet with the name of the person to contact in case of questions, must accompany the entries, regardless of how they are submitted. THE CONTACT PERSON MUST BE AVAILABLE ON MONDAY, JULY 20, 2009 FROM 7:00 to 10:00 PM. Teams submitting entries via email must have delivered their entry fees to the VPSU Treasurer by 6:00 P.M. on Thursday, July 23, 2009.**

4. The date that the entry times were achieved must be submitted on the Time Verification spreadsheet. This spreadsheet and the Team Manager meet setup will be provided no later than July 5, 2009.

5. The Championship Meet Entry Chair reserves the right to refuse any entries not submitted as instructed above or made in a manner which is apparently in contravention of the established rules.

6. It shall be the responsibility of each Coach or Team Representative to verify the accuracy of the submitted entries. Teams will not be permitted to submit late entries or make changes to entries due to their errors or omissions.

7. **IMPORTANT:** Entries must be submitted electronically, as attachments to an email sent to the Entry Chair at rules@vpsu.com. The person submitting the entries shall designate in the e-mail a team contact to answer questions that may arise.

Mike Willard
5517 Swan Road
Williamsburg, VA 23188

jefwilfam@cox.net
Telephone: 564-4480

8. Teams must submit the appropriate league and championship waivers for each swimmer enter. These forms were given to the team representatives, and are available on the VPSU Website. The team representative or coach must execute a summary sheet for these waivers.

Officials: Part of each team's meet entry requirement is the submission of a list of **VPSU certified** officials certified to work at the Championship Meet. (Use the Officials List form provided and submit to Jim Bennett at officials@vpsu.com by Saturday, July 18, 2009. Teams will be notified prior to the meet of the number of timers required and their lane assignments prior to the meet.

Information: For more information, please contact any of the following:

Jim Bennett
Mike Willard

VPSU Officials Chair (officials@vpsu.com)
Entry Chairman (rules@vpsu.com)